

HAPPY CULTURE ALLERGENS MATRIX

Overnight Oats:

- ★ Cacao & Raspberry: **None of the 14 food allergens**
- ★ Banana & Custard: **Soya**
- ★ Spiced Apple: **None of the 14 food allergens**

Sourdough Crumpets (with butter & jam):

Gluten, Wheat

Pancakes (with jam & maple syrup):

Gluten, Wheat

Sausage Roll:

Gluten, Wheat, Sulphites (>10ppm)

Katsu Slice:

Celery, Gluten, Wheat

Bhaji Flatbread:

Gluten, Wheat, Sulphites (>10ppm)

Kebab:

Soya, Gluten, Wheat, Mustard

Bacon & Blue Cheese Roll:

Soya, Gluten, Wheat, Mustard

Ciabatta:

- ★ Veg Ciabatta: **Wheat, Gluten**
- ★ Pesto Ciabatta: **Wheat, Gluten**
- ★ Halloumi Ciabatta: **Wheat, Gluten**

Bao Bun:

Soya, Gluten, Wheat

Rainbow Spring Rolls:

Soya

Chipotle Panini:

Gluten, Wheat

Bean Tacos:

None of the 14 Food Allergens

Coronation Chickpea Sandwich:

None of the 14 Food Allergens

Cheese & Onion Toastie:

Gluten, Wheat

SOUP:

- ★ Leek & Potato - **None of the 14 Food Allergens**
- ★ Butternut Squash - **Celery**
- ★ Sweet Potato - **Gluten, Soya, Wheat**
- ★ Carrot & Coriander - **Barley, Oats, Wheat**
- ★ Wild Mushroom - **None of the 14 Food Allergens**

For individual cakes snacks & daily specials please see the food label